



FREE Certification Workshop - Youth Mental Health First Aid

If you interact with youth and care to see them live safe and healthy lives, we have a **FREE** training for you!

Hope for Miami's **Project Bridge** offers **Youth Mental Health First Aid (YMHFA)** to any adult who interacts with teens (or parents of adolescents). YMHFA is a 6.5-hour course that can increase mental health awareness through education on behavioral health and addictions, and can help you recognize the potential early warning signs.

When:

Friday, March 6th, 2026
9:00 AM - 3:30 PM

Location:

Simply Health
(Community Resource Center)
1905 W 35th St., Suite 105,
Hialeah, FL 33012

Pre-registration is required.



Please scan the QR code to register, or contact
Hayly Ojeda at
hayly@hopeformiami.org or 786.388.3000.
Join our Instagram community - @ProjectBridgeHFM

